

## Mothers Retreat Registration

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/Zip Code: \_\_\_\_\_

Daytime Phone Number: \_\_\_\_\_

Evening Phone Number: \_\_\_\_\_

Child's name(s) and date of birth: \_\_\_\_\_

Child served by VMRC:     Yes     No

**FRN's Service Area: Amador, Calaveras, San Joaquin, Stanislaus, and Tuolumne Counties.**

Mark One:

\_\_\_\_\_ I reside in FRN's service area and I am enclosing the registration fee of \$10.00.

\_\_\_\_\_ I do not reside in FRN's service area and I am enclosing the registration fee of \$20.00.

Seating is limited and registrations will be handled on a first come, first served basis. We regret that no refunds can be given; however, substitutions are welcome, but that person must be a mother or primary caregiver.

If you require special accommodations, please contact FRN by February 9, 2018

**Make check out to: Family Resource Network**

**Please send completed registration form and payment no later than February 16, 2018:**

Family Resource Network  
5250 Claremont Ave., Suite 148  
Stockton, CA 95207

**Questions? Call FRN at 472-3674  
or 800-847-3030**

*The Mothers Retreat is an opportunity for Mothers to come together to recognize and celebrate the challenges and joys of raising a child with special needs.*

*Participants had this to say about last year's Mothers Retreat:*

*"I love my MOMMY time every year."*

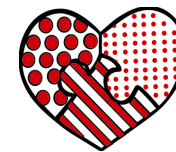
*"Loved the activities...things that I never thought about before"*

*"It was nice to get some alone time with other mothers who understood some of the things I go through daily!"*



### Bring Pictures of Your Child!

The Mothers Retreat is the perfect place to share stories about your child, so be sure to bring a picture to show to other Moms. It's ok to brag!! We'll be posting your pictures on the wall at the event, but don't worry, you'll be taking your pictures home with you.



Family Resource  
Network  
proudly presents its

## 20th Annual Mothers Retreat



Revisiting when life  
was more simple...

**Saturday, March 3, 2018**

Registration and continental  
breakfast begin at 9:30 a.m.

Workshop hours are  
10:00 a.m. to 3:00 p.m.

San Joaquin County  
Office of Education

Wentworth Education Center  
2707 Transworld Drive,

Stockton, CA

Burwood 1 Conference Room

**About the Day:** Please join us as we celebrate the 20th year of FRN's Mothers Retreat. We will be looking at the stories from our childhood and how there are many life lessons to learn from those first stories we heard and loved. When the world around us is crazy and uncertain, sometimes we need to go back to when life was simpler, even if it is for just a short time.

Family Resource Network offers a day of relaxation and fun for Mothers raising children with special needs. The day will provide an opportunity for Mothers to meet other Mothers, and spend some time on themselves. The day will include games, music, fun, prizes, and lots of food, and lots of celebration.

**Attendees:** Funding restrictions limit attendees to the **primary** female caregiver, be that mother, grandmother, aunt, etc.

**What to wear:** Casual, **comfortable clothing**, including **comfortable shoes**.

**Refreshments:** There will be a continental breakfast, a buffet lunch and an afternoon snack. The lunch includes vegetarian choices.

### **No Children Please**

We recognize that lack of child care or having a nursing baby may inhibit your ability to attend. As mothers, we wish to be supportive of each other, but **mothers who have attended previous FRN Mothers Retreats have requested that this be a child-free event, therefore no children, including infants, will be allowed. No exceptions.**

San Joaquin County Office of Education  
Wentworth Education Center  
2707 Transworld Drive, Stockton, CA  
Burwood 1 Conference Room

This year's retreat is located at San Joaquin County Office of Education's Education Service Center, 2707 Transworld Drive in Stockton. The Wentworth Education Center is located at the corner of Transworld Drive and Giannecchini Lane.

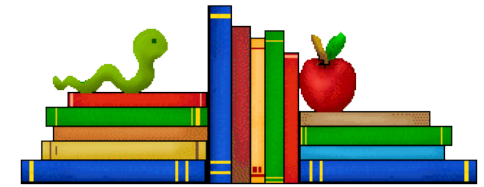
**From North:** Take Hwy 99 South to Arch Rd exit. Turn right on Arch, right on Qantas and left on Transworld. The last building on the right is 2707 Transworld Dr.

**From South:** Take Hwy 99 North to Arch Rd exit. Turn left on Arch Rd, right on Qantas and left on Transworld. The last building on the right is 2707 Transworld Dr.

If the parking lot is full, you may use the parking lot with solar panels that is located across the street.



*We look forward to  
seeing you there!*



### **Book Exchange**

If you have any books that you no longer need at your home, bring them to exchange. This is a great way to get a start on your Spring cleaning! Any books that are not claimed by the end of the day will be donated to Stockton's Friends of the Library program.



The Mothers Retreat is sponsored by Family Resource Network, a 501(c) 3 non-profit organization supported by grants from California Department of Developmental Services, Valley Mountain Regional Center, Warmline and private donations. San Joaquin SELPA is an additional cosponsor of this event.

FRN is grateful to the agencies and individuals whose sponsorship and donations make the Mothers Retreat possible. If you or someone you know would like to donate an item to be used as a door prize please contact FRN staff. Items such as store gift cards, bubble bath, food treats, etc. would make wonderful prizes for the Moms. FRN extends its thanks to its grantors and benefactors. FRN is located at 5250 Claremont Ave., Suite 148, Stockton, CA 95207. Info on FRN is available at [www.frcn.org](http://www.frcn.org).