



Family Resource Network presents:
That Loving Touch: Infant Massage
*A workshop for parents and
their special needs infants or toddlers.*

Presented by Jayne Bush, Infant Development Specialist, trained in Infant Massage

What is Infant Massage?

Infant massage is a bonding activity between parents and their children. Infant massage refers to the process of stroking the muscles of an infant using a variety of specialized massage techniques.

What are the benefits of Infant Massage?

Infant massage is beneficial to both the parent and the child. Among many other things, it promotes parent/child bonding, helps babies learn to relax and increases parenting confidence.

When: Tuesday, February 14, 2012 from 10:00 to 11:00 a.m.

Where: Walton Special Center, Early Childhood Center, 4131 N Crown Ave., Stockton, CA 95207.

Who can attend: *Parents of children served through the Early Start or a Prevention Program. Parents may bring their infant or toddler with them if they wish. No siblings or other children, please.*

What to wear: *Parents and children should wear comfortable clothes.*

What to bring: *Please bring a blanket for the child to lie on. Parents might wish to bring a pillow to support their back.*

REGISTRATION DUE BY: February 7, 2012

If you need special accommodations, including Spanish translation, please contact FRN two weeks in advance at 209-472-3674 or 1-800-847-3030.



Using a QR app, snap a picture of this and you can see FRN's upcoming workshops.

Please register me to attend FRN's *That Loving Touch* Workshop on Tuesday, February 14, 2012.

I will be bringing my child: [] yes [] no

Name: _____

Address: _____

City/Zip: _____ Daytime Phone: _____

My child receives services through: [] Early Start program [] Prevention Program

Child's name and date of birth: _____

**Mail registration to FRN at 5250 Claremont Ave, Suite 148, Stockton, CA 95207;
Fax to 209-472-3673 or e-mail to FRNfamilies@aol.com**