



## Project

# SAFETY

**Tuesday, April 29, 2014**  
**6:30 - 8:30 p.m.**

**San Joaquin County Office of Education**  
**2707 Transworld Drive, Stockton, CA**

Family Resource Network, State Council on Developmental Disabilities – Area Board 6, and the Justice for Jeremy Foundation invite parents and interested community members to attend a forum on the topic of children and adults with special needs and their interaction with First Responders. The forum will look at ways that parents of children and young adults with mental health issues or developmental disabilities such as autism, Down syndrome or other forms of intellectual disability can work with community partners to address areas of concern.

Those areas could include:

1. What law enforcement/first responders think parents should know about keeping children/adults who have developmental disabilities or mental health issues safe in the community.
2. How do parents prepare their children for possible interactions with law enforcement/first responders.
3. What training would law enforcement/first responders like to receive to help them to identify and better serve individuals with special needs.

Law Enforcement representatives will be present. Additionally, a representative from Medic Alert will present information on Medic Alert services including GPS tracking devices.

For more information contact Family Resource Network.

## Sibling Support

Family Resource Network has received a grant through The California Wellness Foundation for FRN's Sibshops program. We are grateful to TCWF for this opportunity to expand our support to siblings of children with special needs.



The recreational support group for **non-disabled siblings**, ages 7 through 13.

**Saturday, March 8, 2014**  
**11 a.m. – 2 p.m.**

**Calaveras County Office of Education**  
**185 South Main Street**  
**Angels Camp, CA 95221**

*Offered in collaboration with Calaveras County  
Office of Education and Mind Matters*

**Friday, April 11, 2014,**  
**6 p.m. to 8 p.m.**

**Stockton Covenant Church,**  
**1720 Oxford Way, Stockton, 95204**

Meet other siblings who have the same kinds of issues. There are games, crafts, discussion activities, food and lots of fun! There is no cost to attend.

**Registration is required and must be submitted one week prior to event. Call 472-3674 or 800-847-3030 to request a registration packet.**

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EDITOR: Ann Cirimele

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5250 Claremont Ave., Suite 148 Fax: 209-472-3673  
Stockton, CA 95207  
Email: [FRNfamilies@aol.com](mailto:FRNfamilies@aol.com) website: [www.frcn.org](http://www.frcn.org)

## CHOICES 2014

Friday, April 4, 2014

FRN is one of the cosponsors  
that proudly presents the

**27<sup>th</sup> Annual**

**CHOICES Institute**

This year's theme is *My Voice, My Choice*. Videos produced by and featuring local individuals with special needs will be presented on topics such as safety, relationships, employment and identifying solutions to common advocacy dilemmas. There will be a business fair of businesses owned/operated by people with disabilities. The event will end with a legislative panel where attendees will have the opportunity to ask questions of local legislators. This is a great time to make sure that your voice is heard. The event is from 8:30 a.m. to 3:00 p.m. at San Joaquin Office of Education in Stockton. Registration information is available at [www.choicesinstitute.org](http://www.choicesinstitute.org).

## FRN Parent Scholarships Available

Family Resource Network has received an unrestricted grant of \$2,500 from the Stuart Foundation. Being guided by the Foundation's goal of promoting education, FRN has decided to use the funds to provide scholarships to assist parents of special needs children with registration fees to attend non-FRN conferences or workshops on topics related to children with special needs and their families.

This is a reimbursement scholarship which means that FRN reimburses the parent after the parent has attended the event. Here are the rules:

1. Scholarships are available to parents (or primary caregivers) raising a child from age birth to 22 years who has a special need.
2. The family must reside in Amador, Calaveras, San Joaquin, Stanislaus or Tuolumne counties.
3. The amount of the scholarship may not exceed \$100.
4. The scholarship is solely for the cost of registration ( i.e. not travel or lodging costs).
5. The event must take place in California.
6. Parent must agree to become a Parent Partner and be available to talk or email with other parents about information learned at the event.
7. Parent must agree to provide FRN with any handouts/materials from the event so that FRN can make copies for its files. FRN will return the originals to the parent.

Parents wishing to access these scholarship funds should contact FRN **prior** to attending the event. FRN reserves the right to limit the number of scholarships for any specific event. For more information contact FRN staff.

A bad attitude is like a flat tire. You can't get anywhere until you change it.

Anon.

## The Sound of Music!!

FRN offers two musical play groups for young children with special needs and their parents. **Tikes and Tunes** is for children ages birth to 36 months who are served through Early Start or Prevention Resource and Referral Services (PRRS). **Preschool Posse** is for preschool age children who are receiving special education services through an IEP. Parents will learn how they can use music to enhance their child's development. Both groups are led by Karen Sanchez, MBA MT-BC, Music Therapist. We'd love to have you join us, but space is limited so be sure to register! Registration forms are on FRN's website or you can email or call FRN to register. Both groups meet at FRN's office, Sherwood Executive Center, 5250 Claremont Ave., Suite 148, Stockton.



### Tikes and Tunes

*A Musical Play Group for Infants and Toddlers in Early Start or PRRS*

**When:** The first Thursday of the month from 9:30 to 10:30 a.m.

### Preschool Posse

*A Musical Play Group for preschoolers receiving special education services*



**WHEN:** Preschool Posse meets the third Thursday of the month from 1:00 to 2:00 p.m.



No Musical Talent  
Required.



**Don't forget to register!**

## Conservatorship for Your Adult Child with Special Needs

Sponsored by Family Resource Network,  
Drobny Law Offices and San Joaquin SELPA

**Thursday, June 26, 2014**

**6:30 p.m. to 8:30 p.m.**

**San Joaquin County Office of Education  
Wentworth Education Center-  
Chartville 1 Meeting Room  
2707 Transworld Drive, Stockton, CA**

Nobody has any authority to make any financial, medical or educational decisions for any individual over the age of eighteen (18) absent a valid Power of Attorney (if the individual has capacity to sign one) or a Court order of Conservatorship, irrespective of that individual's lack of ability to make those decisions. This workshop will provide parents and caregivers information on Conservatorship and alternatives to Conservatorship.

Topics will include:

- Steps involved in filing a Conservatorship
- Conservatorship of the Person and/or Estate- which is needed?
- General vs. Limited Conservatorship
- Time involved in filing a Conservatorship
- Cost associated with filing a Conservatorship
- Working with the Regional Center to minimize any unnecessary delays

Our workshop presenter, **Mark S. Drobny**, Certified Specialist, Estate Planning, Trust and Probate Law, The State Board of Legal Specialization, has extensive experience working with families raising children with special needs.

Registration is required and the registration form is on FRN's website.



Check FRN's website, [www.frcn.org](http://www.frcn.org) and click on "calendar" for updated information on trainings and events. Registration forms for FRN events are on the website.



**Attention Families of  
Valley Mountain Regional Center Consumers**

Family Resource Network, San Joaquin SELPA, the State Council on Developmental Disabilities Area 6 Board and Valley Mountain Regional Center (VMRC) invite you to attend a discussion on VMRC's Strategic Plan. Paul Billodeau, VMRC's Executive Director will discuss:

- The need for and purpose of the Strategic Plan
- The process of creating the Plan
- VMRC's Mission, Vision and Values
- VMRC's Focus Areas and Goals
- The Strategic Plan Timeline.

Additionally, there will be time for you to ask questions about the plan. The event will take place **Tuesday, March 11, 2014 from 6:30 – 8:30 p.m. at San Joaquin County Office, 2707 Transworld Drive, Stockton.** The flyer and registration form are posted at [www.frcn.org](http://www.frcn.org) and click on calendar.



**Want to be In The Know?**

Send your email address to [FRNfamilies@aol.com](mailto:FRNfamilies@aol.com) to receive email updates on topics of interest to parents of children with special needs. There is no fee to be on the email list and FRN does not share your email address with anyone, ever.

**FRN Toy Lending Library**

FRN has 3 sites for its Toy Lending Library. We are grateful to Valley Mountain Regional Center and Tuolumne County Office of Education for partnering with us on this project. The toys are available to families whose children, ages birth to 36 months, are served either through the Early Start program or Prevention Resource and Referral Service (PRRS). There is no cost to use the library.

**Stockton: Hours of Operation:** Tuesdays through Fridays, 9 a.m. to 2 p.m.

**Location:**

Family Resource Network, Sherwood Executive Center, 5250 Claremont Ave., Suite 148, Stockton, CA 95207

**Contact info:**

800-847-3030; 209-472-3674 or  
[FRNfamilies@aol.com](mailto:FRNfamilies@aol.com)

**Modesto: Hours of Operation:** Monday, 9 a.m. to 3:30 p.m., Wednesday, 9 a.m. to noon

**Location:**

Valley Mountain Regional Center, 1820 Blue Gum Ave., Modesto, CA 95358

**Contact info:**

Linda Cardiel at 209-557-2144

**Sonora: Hours of Operation:** Monday through Friday, 9:00 a.m.-3:00 p.m.

**Location:**

Tuolumne County Superintendent of Schools  
175 S. Fairview Lane, Sonora, CA 95370  
Room 210

**Contact info:**

209-536-2040



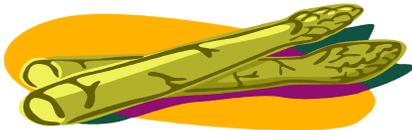


**FRN has received donations from:**

- Sue Allyn
- Cesar Cristobal
- Thea Etheridge
- Pat and Judy Murray  
*in memory of Joe Cirimele*
- Shirley Pepys
- Squinchflump Water Aerobics
- Heather Wright
- And Anonymous Donors

## Thank You Super Volunteers!

Dawn Breau  
Asha Brock  
Jester Ramos



### Asparagus Festival Volunteers Needed!!

Family Resource Network volunteers will be working in the Deep Fry area at this year's Asparagus Festival which takes place in Stockton, April 25 - 27<sup>th</sup>. Volunteers must be at least 18 years of age. Shifts are 6 hours in length and volunteers must work an entire shift. If you would like more information on volunteering just call or email FRN with your name, phone number and email address. You will be contacted by FRN's Volunteer Coordinator.

Thank you!!



### THANK YOU for making the Mothers Retreat a great day!

Family Resource Network extends its thanks to the following for their support of the 16<sup>th</sup> Annual Mothers Retreat:

- Canepa's Car Wash
- Melissa Carson
- Costco Wholesale-Loji
- Costco Wholesale-Stockton
- Department of  
Developmental Services
- Drobny Law Offices, Inc.
- Pam Kidroske
- LOFT
- Parents Helping Parents
- Dan & Marilyn Platt
- Professional Evaluation &  
Developmental Services  
(PEDS)
- Quilters Quarters
- San Joaquin County Office  
of Education
- Irene Valdez
- Valley Mountain Regional  
Center
- Norm & Patti White

Hope you can join us for  
next year's event.  
Save the Date,  
Saturday, February 7, 2015!!

**FRN Events!**

Please note that these events take place at a variety of sites. Be sure to check the location of the workshop you are interested in. Flyers for these workshops are available at [www.frcn.org](http://www.frcn.org) and click on calendar. For more information call FRN at 209-472-3674 or 800-847-3030.

**March 6 – Writing An Effective IEP for Your Child with Special Needs** • Presenters: Area 6 Board and Family Resource Network • Lodi Public Library, **Lodi**, 6 – 8:30 p.m. FREE, reservations are required, for reservations call 800-847-3030.

**March 13 – Writing An Effective IEP for Your Child with Special Needs** • Presenter Family Resource Network • Modesto City Schools Staff Development Room, 425 Locust Street, **Modesto**, 6 – 7:30 p.m. FREE

**March 26- Building Bridges – Transitioning Your Child from the Early Start Program** • Presenter: FRN, Sherwood Executive Center, 5250 Claremont Ave., **Stockton**, 9:15 to 11:30 a.m., FREE, registration required.

**April 3– Writing An Effective IEP for Your Child with Special Needs** • Presenters: Area 6 Board and Family Resource Network • **Sonora EOC – Training Room**, 18440 Striker Court, **Sonora**, 6 – 8:30 p.m. FREE, reservations are required.

**April 8– Let's Get Talking! Tools for Parents to Help Develop Speech in Children Ages birth to 3 Years**• Presenter: Lisa Drake, M.A., CCC-SP; San Joaquin County Office of Education, **Stockton**, 6:30 to 8 p.m., FREE, registration is required.

**April 10– Writing An Effective IEP for Your Child with Special Needs** • Presenters: Area 6 Board and Family Resource Network • **Mark Twain Hospital**, 768 Mountain Ranch Road, **San Andreas**, 6 – 8:30 p.m. FREE, reservations are required.

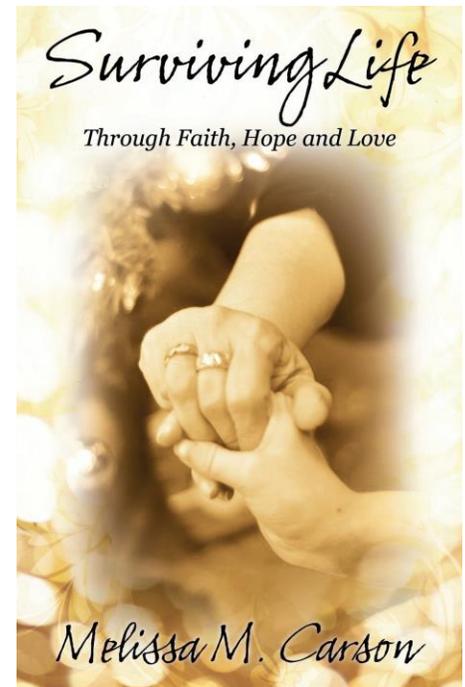
**May 1– Writing An Effective IEP for Your Child with Special Needs** • Presenters: Area 6 Board and Family Resource Network • **Family Resource Network**, 5250 Claremont Ave., Suite 148, **Stockton**, 95207, 6 – 8:30 p.m., FREE, reservations are required.

**Spotlight on:***Melissa Carson*

Melissa is the parent of an adult daughter with cerebral palsy. One of Melissa's goals was to write a book about the journey she and her daughter have taken. She made her dream come true and her book, *Surviving Life Through Faith, Hope & Love* is now in FRN's library.

Visit [www.frcn.org](http://www.frcn.org) and click on Library to see a complete listing of all of FRN's library resources and to find out how to borrow resources from the library. If you don't have access to the internet you can contact FRN at 209-472-3674 or 800-847-3030.

You don't need to come in to FRN's office in order to use the library. We are happy to mail resources to you. We just ask that you be responsible for returning the items to FRN. You can mail them to FRN, swing by the office, or drop them off with the building receptionist. You may check out up to two resources for a period of 3 weeks.



**Congrats to the WINNERS  
of FRN's latest drawing:  
Bertha Colchado  
Shawna Hansbury**



The California Autism Professional Training and Information Network (CAPTAIN) is a cross agency network developed to support the understanding and use of evidence based practices (EBPs) for individuals affected by Autism Spectrum Disorders (ASD) across the state of California.

**CAPTAIN is dedicated to the following:**

- Statewide access to trainings in Evidence Based Practices (EBPs) that are locally based (Trainer of Trainers at the local level), culturally sensitive, family centered, cost effective, and competency based.
- Trainings should be conducted at a local level or utilizing technology for equal access across the state.
- Statewide access to ongoing training, support, and technical assistance to implement EBPs and ensure fidelity of implementation with a forum for collegial communication and support.
- Web based access to material and resources.

Multiple autism resources are available for parents and professionals at [www.captain.ca.gov](http://www.captain.ca.gov)

A new resource available to parents and professionals is called **ADEPT** (Autism Distance Education Parent Training) and was developed by the Center for Excellence in Developmental Disabilities (CEDD) at University of California, Davis MIND Institute.

There are two **ADEPT** Modules that are available on disc. **Module 1: Strategies for Teaching Functional Skills (English and Spanish)**

**Module 1 Introduction**

- Lesson 1: The ABCs of Skills Teaching
- Lesson 2: Understanding Reinforcement
- Lesson 3: Using Reinforcement Effectively
- Lesson 4: Planning and Preparation
- Lesson 5: Creating a Task Analysis
- Lesson 6: Prerequisite Skills
- Lesson 7: Prompting and Chaining (Part 1)
- Lesson 8: Prompting and Chaining (Part 2)
- Lesson 9: Setting the Stage for Learning
- Lesson 10: Dealing with Errors

**Module 2: Positive Behavior Strategies for Your Child with Autism (English)**

**Module 2 Introduction**

- Lesson 1: Changing The Way You Think About Behavior
- Lesson 2: Learning And Behavior
- Lesson 3: The ABC's Of Behavior (Skills Teaching Revisited)
- Lesson 4: Antecedents To Behavior Problems
- Lesson 5: Preventing The Triggers
- Lesson 6: Determining The Function
- Lesson 7: Functional Communication
- Lesson 8: Return To Skills Teaching
- Lesson 9: Common Sense Strategies
- Lesson 10: How Do I Know It's Working?

You can borrow the ADEPT modules from FRN's lending library. Contact FRN for more information.