



SPORTS & RECREATIONAL OPPORTUNITIES FOR CHILDREN WITH SPECIAL NEEDS

Family Resource Network has compiled this list for the recreational use of families of children with special needs. FRN does not endorse nor sponsor any of the listed events. If you have information regarding additional recreational opportunities please contact FRN at 472-3674 or 800-847-3030. You can also e-mail us at [FRNfamilies @aol.com](mailto:FRNfamilies@aol.com).

Many programs have fees associated with them. Please contact individual programs for more details.

LODI

Parks & Recreation:

Contact: 333.6742 for calendar of events

Dance:

Lodi Top Hat Dance Academy, offering; tap, jazz, ballet, hip-hop, fitness tumbling, and musical theater. Ages 2+, call for details 367.1757 or visit their website www.tophatdanceacademy.com

Lodi Boys & Girls Club:

Call for details 334.2697 or website address www.bgca.net

Boy Scouts of America

Call for details 472.9960 or website address www.yosemitescouting.org

Girl Scouts of America

Call for details 473.7997 or 473.5914. Volunteer opportunities 800.834.9899

Fun Town at Micke Grove Zoo

11793 N. Micke Grove Rd.

Lodi, CA

209.369.5437

www.mgzoo.com

Lodi Lake Park

W. Turner Rd & Mills Avenue

Lodi, CA

209.333.6890

www.lodi.gov

The Mud Mill

Offers opportunities for creativity for the young and young at heart for arts & crafts.

115 S. School Street, #1

Lodi, CA 95240

209.365.9900

www.themudmill.com

San Joaquin County Historical Museum

11793 N. Micke Grove Rd

Lodi, CA

209.953.3460

www.sanjoaquinhistory.org

MODESTO

Parks & Recreation:

Contact: 577.5346 or 577.5344 for calendar of events or visit their website to download a 2009 activity guide available online: www.modestogov.com/prnd/

Activities include: Bowling, swimming and open gym.

Big Brothers & Big Sisters:

Contact: 523.7166

Boy Scouts of America:

Contact: 545.6320

Girl Scouts of America:

Contact: 522.9001

4H Clubs:

Contact: 525.6800

YMCA:

Contact: 578.9622

Friday Night Out (Adaptive): 7 pm – 9:30 pm

Held first Friday each month, social recreation program offered for persons with disabilities ages 6+. This program promotes healthy socialization, and builds self-esteem. Games, crafts, music, and special events. Co-sponsored by the Special Olympics.

Location: Senior Citizen Center

211 Bodem Street

Modesto, CA

Call for details 577.5344

Visit their website www.modestogov.com

Bowling:

Adaptive league designed for individuals with special needs and/or physical disabilities.

Location: Yosemite Lanes

2301 Yosemite Blvd.

Modesto, CA

Call for details 577.5344

Gymstars:

Offering gymnastics, cheer, and Karate for children 3+. Call for details 549.1919, or visit their website www.gymstars.com

Great Valley Museum of Natural History

1100 Stoddard Avenue

Modesto, CA

209.575.6196

www.mjc.yosemite.edu/greatvalley

McHenry Museum

1402 I Street

Modesto, CA

209.577.5366

www.mchenrymuseum.org

STOCKTON

Bowling: (Nov.-Feb)

Contact: Marilyn or Dan at 956.3621

Bowling: (Starts June 2009)

Ready, Set, Bowl! An opportunity to make new friends adaptive bowling for all ages.

West Lane Bowl, 3900 West Lane, Stockton. Contact: Becky Brucks 466.3317

Challenger Baseball: (April - June)

Contact: Tom & Charlotte Lowe with Stockton Special Children's Sports Club at 957.1613

Challenger Basketball: (Jan.- March)

Contact: Tom & Charlotte Lowe with Stockton Special Children's Sports Club at 957.1613

Challenger Bowling: (Nov.-March)

Contact: Tom & Charlotte Lowe with Stockton Special Children's Sports Club at 957.1613

Challenger Soccer: (Aug. – Oct.) Pacific Avenue Bowl

Contact: Tom & Charlotte Lowe with Stockton Special Children's Sports Club at 957.1613

Golf: (May – October)

Sponsored by Disabled Sports USA. Providing adaptive golf instruction to individuals 9 yrs.+ with a disability, taught by PGA and LPGA golf professionals. Lessons taught at the Reserve at Spanos Park and Lyon's Golf Course at Rough 'n' Ready Island. Call Chris Clarke for details 916.722.6447 x 101

Or visit their website www.disabledsports.net

Parks & Recreation of Stockton: (Stribley & Van Buskirk Community Centers)

Ages 5-12 yrs. Activities include: Basketball, Bingo, Baseball, and Soccer. Call for details 937.7350 or 937.8206. Visit their website at www.stocktongov.com/parks

Recreation Sports Club of San Joaquin:

Providing recreational and leisure sports opportunities to the special needs population in San Joaquin County. Activities throughout the year include; dances, hockey, softball, bowling, soccer, volleyball, bocce, and fishing. Contact Roger Slingerman at 403.8878 or visit their website www.rscofsanjoaquin.org

Special Olympics:

Offering activities throughout the year. Call 957.2436 for more information or visit their website www.sonc.org for a calendar of events.

Boys & Girls Club of Stockton:

Contact 466.1264 for more information or visit their website www.bagcos.com

Gymstars:

Offering gymnastics, cheer, and karate for children 3+. Call for details 957.1919, or visit their website www.gymstars.com

Sailing:

Learn to sail, must be able to swim. Sponsored by the Stockton Sailing Club. Ages 8-18, call for details 951.5600 or visit their website www.stocktonsc.org

Skateboarding:

Learn to skateboard, ages 5+ call for details 937.8923 or visit their website www.stocktongov.com/parks

Summer Art Workshop:

For children ages 5-10 visit the Haggin Museum website for details www.hagginmuseum.org

YMCA:

Offering multiple programs for children of all ages, call 472.9622 for details, or visit their website www.ymcasjc.org

Boy Scouts of America

Call for details 472.9960, website www.yosemitescouting.org

Girl Scouts of America

Call for details 473.7997 or 473.5914. Volunteer opportunities 800.834.9899

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Lodi, CA 95240

209.365.9900

www.themudmill.com

Children's Museum of Stockton

402 W. Weber Avenue

Stockton, CA

209.465.4386

www.stocktongov.com/childrensmuseum

George H. Clever Planetarium

5151 Pacific Avenue (Delta College)

Stockton, CA

209.954.5354

www.deltacollege.edu/dept/planetarium

The Haggin Museum

1201 N. Pershing Avenue (Victory Park)

Stockton, CA

209.940.6300

www.hagginmuseum.org

Oak Grove Regional Park and Nature Center

4520 W. Eight Mile Road

Stockton, CA

209.953.8814

www.mgzoo.com

Other ideas:

4th of July community events

Library

Martial Arts

Oak Park Regional Park

Fishing

Pixie Woods (Stockton)

IMPACT Teen Center

Stockton Ports Baseball

Stockton Thunder Hockey

Delta College

Picnic in the park